



No-Cook Granola

Equipment Needed

- Mixing bowls
- Spatula
- Measuring cups
- Measuring spoons
- Wooden mixing spoons
- Knife
- Cutting board

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Serves 4

Granola Base

2 cups old-fashioned rolled oats, pre-toasted in 1-2 tablespoons olive or coconut oil

3 tablespoons honey

1 teaspoon cinnamon (or more, if desired)

¼ teaspoon salt

Add-ins

2-3 tablespoons dried fruit (dates, apricots, cherries, blueberries, raisins, cranberries, chopped figs - chop larger fruit into dime sized pieces)

2-3 tablespoons unsweetened coconut flakes

2-3 tablespoons pepitas

2 tablespoons sunflower seeds

Mix all base ingredients in a bowl, stirring well to coat. Fold in desired add-ins. Serve with yogurt or milk.